

The People Tree

@YOUTHCYMRU_REACHOUT



ON THE PICTURE, CHOOSE WHICH CHARACTER BEST DESCRIBES YOU AT THE MOMENT.

OR

WHICH CHARACTER BEST DESCRIBED YOU BEFORE THE PROJECT AND WHICH BEST DESCRIBES YOU NOW AFTER THE PROJECT?

PLEASE FEEL FREE TO COLOUR IN YOUR CHARACTERS!!

WHICH OF THE PEOPLE ON THE TREE DID YOU CHOOSE HOW YOU FEEL BEFORE THE SESSION WHY? (YOU CAN HAVE MORE THAN ONE)

A large white rectangular area with a decorative, torn-paper-like top edge, intended for handwritten responses.



Foundation



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AFTER COMPLETING THE FIRST ACTIVITY WHICH OF THE PEOPLE ON THE TREE WOULD YOU CHOOSE WHY?

Blank white space for writing an answer to the first question.

AFTER COMPLETING THE SESSION, WHICH OF THE PEOPLE ON THE TREE DID YOU CHOOSE & WHY?(YOU CAN HAVE MORE THAN ONE!)?

Blank white space for writing an answer to the second question.

WHICH OF THE PEOPLE ON THE TREE WOULD BEST DESCRIBE HOW YOU WOULD WISH TO BE IN THE FUTURE WHY?

Blank white space for writing an answer to the third question.

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Adapted from: The Blob Tree Tool



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Success




Helping others up

This list of actions / emotions are examples of how someone may feel, however, young people can change the meaning by writing next to the symbol or create their own at the bottom.



Feeling loved



Helping others over an obstacle



A part of a friendships / family



Falling but feeling supported



Supporting each other through any situation

wanting to support others



I need a break



Climbing up


Falling but want support



I have switched off



Growing with others



Worried about things

