



PREMIUM

TRAINING PROGRAMME

INTRODUCTION

Youth Cymru offers a range of training for youth worker and youth facing professionals providing valuable Continuous Professional Development Opportunities, opportunities to learn in a multidisciplinary context and gain accreditation.

Delivered by Youth Cymru's own expert, experienced team as well as by external commissioned experts in their field the training provides participants with an important opportunity to learn new skills, explore knowledge and develop their practice.

Our courses are available for individuals visit our website for forth coming dates.

We also provide training on request. Organisations can book a more bespoke course which can be delivered in house to groups.

We also offer opportunities to gain Agored Cymru Accreditation whilst training. See individual course information for further details.

TRAINING COURSES

Transgender Awareness Training

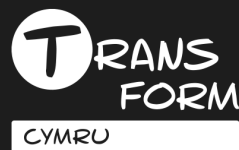
An introduction to:
**Working with young people who
exhibit sexually harmful behaviours**

Participation Training

Safeguarding

– Sexual Coercion and Extortion
of young people and Vulnerable adults

Transgender Awareness Training



Course Details

Since 2014, Youth Cymru has delivered Trans*Form Cymru, a ground-breaking project supporting trans and non-binary young people to take action on their passions, concerns and aspirations. Trans young people created their own film and theatre projects, met with senior Welsh Government decision-makers, advised the media on positive trans representation and presented at national conferences and events.

The project is underpinned by the United Nations Convention on the Rights of the Child and supports organisations to develop and strengthen trans-inclusive policy and practice, through information, guidance and training. The project was shortlisted at the Welsh Government Youth Work Excellence Awards (2016). The course has been developed as part of our Trans*Form Cymru project and is shaped by the voices and experiences of trans and non-binary young people in Wales. Running over one day the course will support participants to develop their understanding of Trans inclusive practice.

TRANSGENDER AWARENESS

TRAINING

PARTICIPANTS WILL

- ❑ Become more confident in identifying and using appropriate language about gender
- ❑ Identify the barriers and discrimination experienced by trans young people
- ❑ Gain practical skills and knowledge in supporting trans young people and eliminating barriers and discrimination
- ❑ Explore the 2010 Equality Act and legal protections for trans people

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*‘Lots of information delivered in a safe and supportive environment.
Useful to explore the language around trans issues.’*

•

‘The facilitator’s knowledge was excellent and the style of delivery and communication was easy to understand’

•

‘I will use this training everyday as a school counsellor. Very informative and positive.’

•

‘Very useful information and case studies / examples. Very knowledgeable trainer who made us comfortable to ask uncomfortable questions.’

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ACCREDITATION

This course can be accredited by the Agored Cymru Transgender Awareness Unit Level 2.

TRANSGENDER AWARENESS

TRAINING

The Trainers

RACHEL BENSON



Project Development Officer

Since 2014, Rachel has been the project lead on Trans*Form Cymru. This experience has developed her expertise, skills and knowledge which enables her to effectively support organisations to develop and strengthen trans-inclusive policy and practice by providing informed and expert information, guidance and training. She is currently studying for an MA in Managing Community Practice.

KATE HUTCHINSON



Sessional Trainer

Kate Hutchinson has been involved in LGBT+ rights campaigning since 2012. Since then she has worked for and delivered training to several organisations including Diversity Role Models, Barnardo's Cymru, Welsh Women's Aid, NHS Wales, Training in Mind and is currently the Trans community Outreach Officer for Pride Cymru. Kate was recently included in the 2018 Pinc List which lists influential LGBT+ voices within Wales.

**An introduction to:
Working with young people who
exhibit sexually harmful behaviours**

Course Details

This training course runs over one day and will support participants in developing their understanding of sexually harmful behaviours in young people. Intended to promote and develop an understanding of legal, policy and social issues in relation to sexually harmful behaviours.

Participants will explore normal and problematic behaviours with a view to developing their insight, understanding and awareness, enabling an effective response within a safeguarding framework.

An introduction to: Working with young people who exhibit sexually harmful behaviours

PARTICIPANTS WILL

- ☐ **Understand the difference between normal and problematic behaviours.**
- ☐ **Understand the legal and policy context.**
- ☐ **Develop Insight into attitudes, beliefs and contexts in relation to harmful sexual behaviour.**
- ☐ **Begin to understand intervention techniques for working with young people at exhibiting or at risk of exhibiting harmful sexual behaviours.**

ACCREDITATION

This course is currently unaccredited.

AN INTRODUCTION TO:

WORKING WITH YOUNG PEOPLE WHO EXHIBIT SEXUALLY
HARMFUL BEHAVIOURS

The Trainer



DONNA RICHARDS

Educated at the University of South Wales (Formerly University of Glamorgan) Donna graduated in 1999 HND Legal Studies and BA (Hons) Criminal Justice. Donna went on to work in Halifax Card Services Fraud Department, then ran a Public House and Nightclub in Porth for a number of years, before volunteering in Cardiff Prisons Education Department leading to her current work with Young Offenders in 2004.

She initially held a sessional worker post taking young people out to complete their reparation as part of their Court Orders before beginning her current Case Manager role. Donna has worked in a voluntary capacity as a Community Panel Member and Appropriate Adult. Currently work in the Early Intervention Team at Youth Offending Service with a recent link into the Out of Court Disposal Prevention Model. She currently has lead responsibility for direct intervention work with Children who have sexually harmed.

Currently undertaking training to become a qualified Counsellor.

Participation Training

Course Details

This one-day course supports practitioners to develop their understanding of youth participation and provides an opportunity to develop insights into how their developing knowledge and ideas can be implemented to ensure best practice in their own youth work context.

The course has been developed aligned with Agored Cymru Participation Qualifications and reflects up to date information regarding National Standards, Charter Registration and information on Kitemark applications.

ACCREDITATION

This training is accredited by the Agored Cymru Young People's Participation Qualification.

PARTICIPATION

TRAINING

PARTICIPANTS WILL

- ❑ Be able to define Participation.
- ❑ Understand the United Nations' Rights of the Child and the Children and Young People's Participation Standards for Wales.
- ❑ Identify Participation structures for children and young people.
- ❑ Identify benefits and barriers to Participation to both organisations and young people.
- ❑ Be able to put effective participation strategies into practice.

The Trainer



JAMIE SCRIVEN

Jamie Scriven is a youth worker with an expertise in enabling young people participation in a variety of contexts, with extensive experience of developing and supporting participation structures within a voluntary and statutory setting. As the Participation Officer for Youth Cymru Jamie leads on the British Irish

Parliamentary Assembly Structured Dialogue project, Llais Ifanc (Youth Cymru Young Leaders Group) and is the European Confederation of Youth Clubs representative for Youth Cymru, which ensures he remains informed regarding wider national and international development. Jamie has a background of both delivering and developing training such as the anti-slavery awareness toolkit "Caught in Traffick" and acting as a trainer delivering training to both young people and companies such as Cafcass Cymru.

Safeguarding

– Sexual Coercion and Extortion
of young people and Vulnerable adults

Course Details

With the rise of digital communication, social media, dating apps, the variety of social communication apps (Instagram, Snaphchat etc.) and rising threats within email and telephone devices, there is no better time to become acquainted with the most common tactics and practices of online predators that seek to both coerce and extort young people and vulnerable adults.

ACCREDITATION

This training is currently unaccredited

SAFEGUARDING

SEXUAL COERCION AND EXTORTION FOR YOUNG PEOPLE AND VULNERABLE ADULTS

PARTICIPANTS WILL

- ❑ Be able to define Sexual Coercion
- ❑ Understand what is meant by Sexting and the legal implications
- ❑ Be able to define Extortion
- ❑ Be able to clearly identify signs of coercion, sexting and extortion in scenario-based assessment
- ❑ Identify support services.

The Trainer



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Finding out more about our courses

For further information about costs and dates
please visit our website

youthcymru.org.uk

or contact

TRAINING@YOUTHCYMRU.ORG.UK

